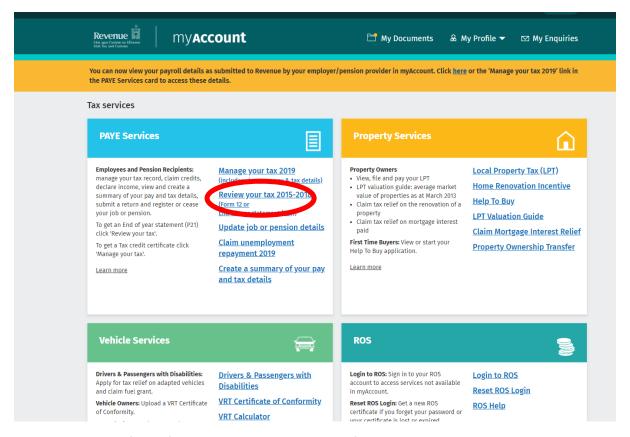
Instructions for PAYE Employees to submit certain health expense claims

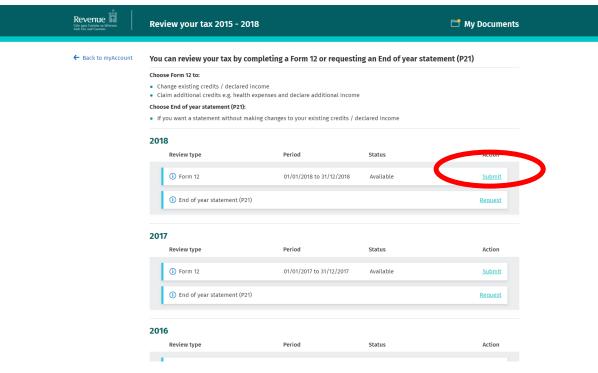
The SEC will only normally allow health expenses that can not be recovered through the medical expenses refund by Revenue. To claim a Special Circumstance allowance for health, nursing home, or other care costs (see https://www.revenue.ie/en/personal-tax-credits-reliefs-and-exemptions/health-and-age/health-expenses/index.aspx for allowable health expenses) you should submit evidence that you have applied for the available reliefs.

1. Log into myAccount on Revenue.ie and under 'PAYE services' click 'Review your tax'.

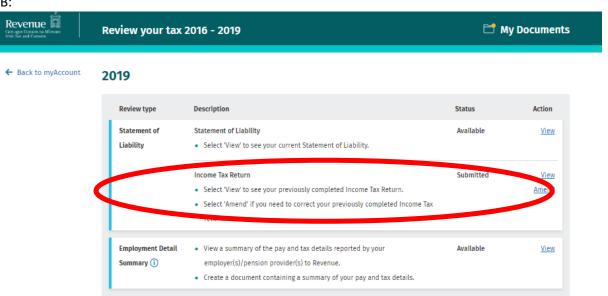


2. To claim refund of health expenses, you need to file a Form 12. Click into the relevant year and click to submit a Form 12 / Income Tax Return. The window will look either like image A or B below

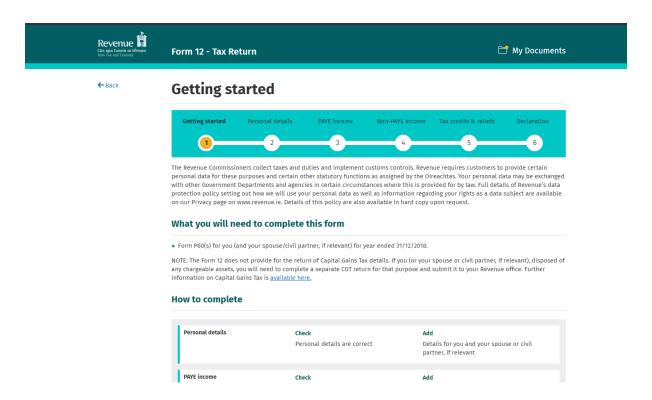




B:

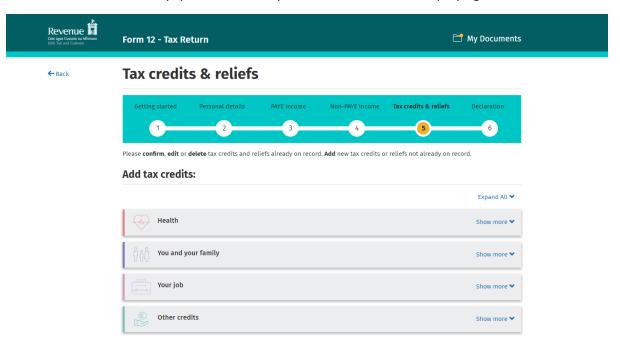


3. Follow the on-screen instructions for completing the tax return. At Step 4 you will need to enter the amount of expenses you are claiming.

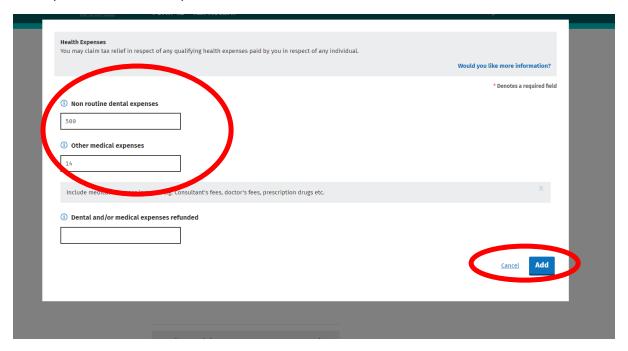


Under 'Health', you will be able to claim for nursing home and medical expenses you have incurred.

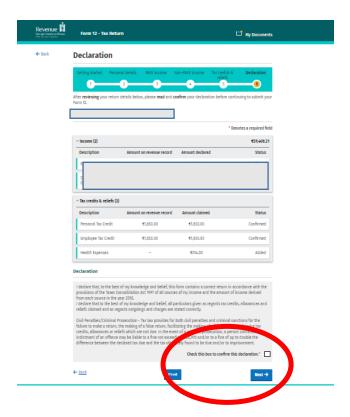
Under 'You and Your Family' you can claim expenses associated with employing a carer.



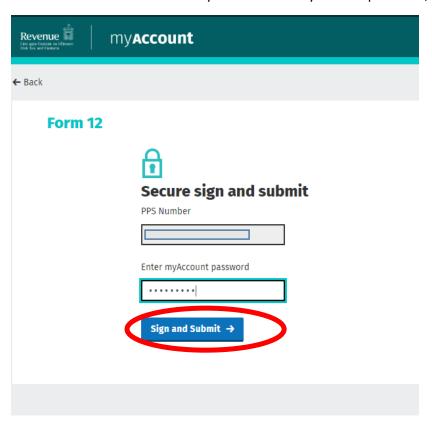
When you click each credit, you will be able to enter in the costs, then click add.



Click Next, and ensure you have completed the check box at the bottom right hand corner to confirm the declaration

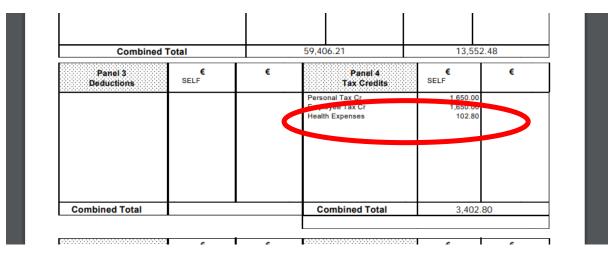


You will then be invited to enter your PPSN and myAccount password, then click 'Sign and Submit'.



4. Within 2 working day you will receive a document confirming the amount of refund due to you. Print this document and send to the SEC.

As Revenue are currently updating PAYE documentation, you may receive either of two documents. The document may be a P21 like this:



Or it may be a Final Statement of Liability, depending on when you requested the form. The SEC will accept either document provided it shows the amount of expenses refunded.